

# *Holistic Wellness Expo of Hampton Roads*



**Sponsored by LINK**

**Saturday, March 25, 2017**

**10 AM to 5 PM**

**FREE EVENT!!!**



*Hampton Roads Convention Center  
1610 Coliseum Drive Hampton, VA 23666*

**Our mission: To create a network of holistic wellness resources on the Virginia Peninsula.**

**Bringing together the best of Holistic, Natural Living, Alternative and Complementary Health, Spirituality, and Green and Sustainable Product Choices**

**Meet providers of holistic wellness services and products  
Sample services and products  
Attend live workshops**

**Expected Exhibitors and Presenters:**

- **Holistic Physicians • Naturopath • Chiropractors**
- **Massage Therapists • Psychotherapists**
- **Creative Arts • Nutrition • Energy Healing • Aromatherapy**
- **Meditation • Yoga • Hypnotists**

**Visit our website for more information and to see latest exhibitors and workshops**

**[www.holisticwellnesshr.com](http://www.holisticwellnesshr.com)**

**[www.linkhr.org](http://www.linkhr.org)**