



PALMPURPOSE



“The two most important days in your life are the day you are born and the day you find out why.”

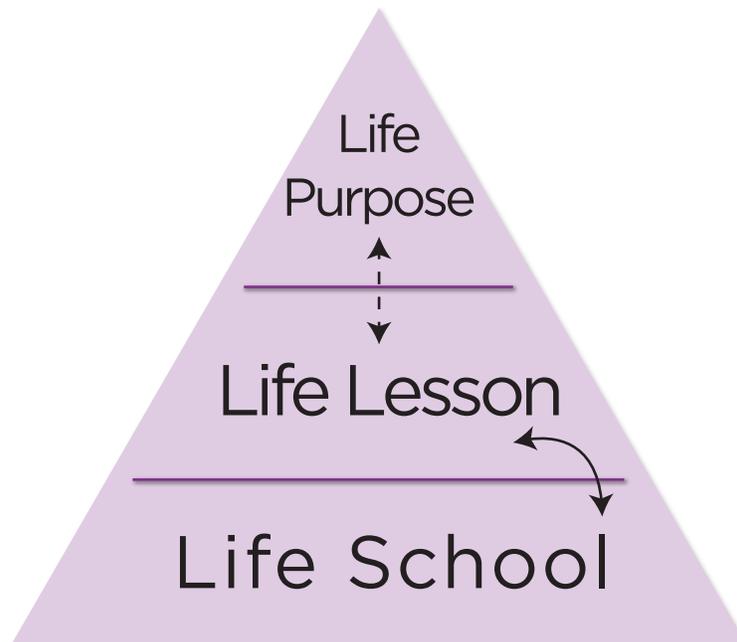
—Mark Twain

Why am I Here?

The Science of Hands and Personality Archetypes™
Cecelia Dawe, MS, CPC, MHA

There is a link between the brain and the hand that extends through the entirety of your life (Holtzman, 2004). The hand has been described as the mirror to the human soul (Gettings, 1965). So, when you look in the “mirror of your hands” what do you see?

Your answer to, “Why am I here?” is literally in your hands. Five months before you were born, the ridges that make up your fingerprints were formed. Once decoded, your fingerprints reveal your life agenda or soul psychology (Unger, 2007) which is made up of your:





Life School: The lens through which you see the world. You may experience the world through the lens of service, love, wisdom, or peace. Each lens has its unique flavor and characteristics.



Life Lesson: This is what you are to learn throughout your life. It is a recurring theme. Your life lesson can either be your greatest ally or your worst nemesis. You must “work your life lesson” in order to experience what you are here to do.

Life Purpose: This is the part of your life’s agenda that truly answers the question, “*Why am I here?*” You are the most fulfilled when you are experiencing your life purpose.

You have an opportunity to transition between your life lesson and life purpose throughout any twenty-four hour period. Once you know the hallmarks of each experience, you can make conscious shifts and tweaks to work through your life lesson to inhabit your life purpose.

While your fingerprints are unalterable, the other aspects of your hands can change based upon what’s going on in your life (Unger, 2007). The shape of your hands, length of your fingers, condition of your palm, and the major lines of your hands (heart line, head line, and lifeline) and the other line formations in your hand give a unique perspective into your personality to unveil the archetypes which shape your life. Equipped with this knowledge you are on the threshold of living a life that supports you on many levels.



For instance, your heart line, which starts under the fleshy mount under the pinky, is a reflection of what type of person you are in relationships and how you want to be loved (Landers, 2015). Your head line shows how you think. Your head line usually starts under the fleshy mount of the index finger. The characteristics of the head line reflect your thinking, powers of rationalization, concentration, and ability to comprehend (Gettings, 1965). Your life line reveals how grounded you are. It is not representative of how long you will live (Gettings, 1965). All the other aspects of your hand have a direct bearing on how you orchestrate your life and experience why you are here.

References:

Gettings, F. (1965). *The Book of the Hand*. London: Drury House.

Holtzman, A. (2004). *Biometric Definitions of Personality: The Illustrated Textbook of Psychodiagnostic Chirology in Analysis and Therapy*. Toronto: Greenwood-Chase Press.

Landers, P. (2015). *What the 4 Heart Lines Tell You About Your Relationships*. Los Angeles: Landers.

Unger, R. (2007). *Lifeprints: Deciphering Your Life Purpose from Your Fingerprints*. Toronto: Crossing Press.